

A M O R C

The Rosicrucian Order

# MASTER MONOGRAPH

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# THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ That a harmonious condition can be re-established within the body through a mystical and a spiritual understanding of life is now freely admitted by eminent psychologists. By their candid admission and examination of this fact, the validity of the religious experience is being recognized more and more by the layman. We quote an eminent psychologist familiar to most of us.



*... The religious experience is a reality in so far as in the midst of effort to foresee and regulate future objects we are sustained and expanded in feebleness and failure by the sense of an enveloping whole. Peace in action not after it is the contribution of the ideal to conduct.*

—JOHN DEWEY, 1859-1952

To the Members of the Esoteric Hierarchy, Greetings!

As was stated in our last monograph, one or two significant aspects of emotion remain for consideration. With those we want to deal now. Since women live a more emotional life than men, it is only natural to find more emotional disturbances in women. Authorities say that more women in civilized countries are embittered by personal jealousy and enmity than by any other emotional error. There is hardly a woman who has not at some time felt a personal jealousy toward some other woman. These specialists outline nine different reasons for which a woman can become personally jealous of another. Usually such jealousy is accompanied by hatred of a personal, emotional nature. The more cultured and sensitive the nature, the more likely is the woman to become affected by some jealous impression, and the more she will keep this emotion secret and burn inwardly rather than let anyone know about it. This is said to be responsible for more nerve disturbances in women and the cause of more cases of cancer and heart trouble than any other emotional cause.

On the other hand, men are affected by business jealousies and enmities. The average man also has some deep-rooted enmity, usually toward a man, or group of men representing business, political, religious, or other worldly activities. This deep-rooted emotion in man burns up energy, upsets the harmony of the body, and causes chronic ailments. Men are more likely to express enmities of a personal nature than are women and therefore become grouchy on subjects related to the emotional attitude. This causes digestive disturbances, heart ailments, and bladder irregularities.

Many other forms of emotional disturbances are included in the long list recognized by specialists. Some we do not often think about, but nevertheless quickly recognize. For example, the emotional disturbance known as regret. Many deeply regret something in life, or something they failed to do. In a typical case, a woman of sixty, suffering from chronic ailments, was found to have a bitter, deep-rooted regret that she had refused a proposal of marriage earlier in her life through a petty, petulant, foolish idea that she had at the time. The result was entirely different from her expectations. She had anticipated that her rejection would cause the suitor to be more insistent; whereas he promptly withdrew his attention, even refusing to allow the woman's name ever to be mentioned to him. The shock of this surprising attitude, and the resulting upset of her life, caused her to maintain a secret regret and bitterness in her consciousness. Sometimes the regret is because of a sin committed or an injustice done.



On the other hand, resentment has also caused an emotional disturbance that has lasted for years and poisoned the system. Disappointment in love, shocking experiences in connection with religious thought, and many other things are

listed as causes of emotional disturbances. Some, of course, in their extreme state, lead to unbalancing the mind. Many persons in mental hospitals have become permanently unbalanced through an emotional cause. Even when the mind is not unbalanced in its outer, objective manifestation, it is so inwardly so far as the harmonious functioning of its various parts is concerned.

Through Cosmic attunement and a proper viewpoint and understanding of life, we can clear our systems of these emotional disturbances. After the specialist has analyzed the cause of emotional disturbance, the problem still remains of how to remove it. You cannot say to a person, "The jealousy you feel is the cause of your illness; you must stop being jealous at once." The person may promise, and may actually try, but every time a self-treatment to remove the jealous feeling is attempted it arouses a thought of the individual who was the cause and that disturbs the whole situation again. Scientists say that there is no better way of removing these emotional causes than by a complete emotional house cleaning, and by re-establishing a harmonious condition within the body. When I have discussed this matter with authorities they have frankly admitted that there are only two methods whereby such a complete house cleaning can be brought about. One is through the creation of a perfect spiritual understanding; the other is through a complete mystical understanding of the Cosmic principles of life.

When I have gone further and have told these specialists about my experiences with men and women and what the Rosicrucian teachings offer, they have admitted that the spiritual method of house cleaning and the mystical or Cosmic method are practically the same thing. They make a distinction between so-called religious house cleaning, and the spiritual method because they say that many who are devout in their religion still harbor personal enmities, jealousies, and other emotional attitudes which are destructive. I have discussed this with Christian clergymen and others, and they also have admitted that a person can be a good Christian and yet hate or despise, or have an enmity toward persons or things.

Such persons may infer that Jesus showed a hatred for the money-changers in the Temple and for other persons and things, and that Christian doctrines teach that one should hate sin and evildoers as one hates a serpent. They overlook the fact that Jesus taught that we should love our enemies, that we should forgive the sinners, and that we should not have hatred in our hearts. The many creeds and doctrines which appear contradictory or different in fundamentals make the principles of the religious method of treating difficult to understand and apply. On the other hand, the mystic starts not with what Jesus did, or taught, or what anyone said or did in Bible times, but with the fundamental idea that each one is a living image of God. When all of our emotions become attuned with God in love, mercy, and justice, our bodies will then be free of emotional errors.



Once we come to understand that the Cosmic does not contain hatred, enmity, jealousy, or other destructive emotions, we realize that enmity or hatred puts us out of harmony with the universe, and particularly out of harmony with the Cosmic Consciousness. When we realize, for instance, that God causes food to grow for man in all parts of the world without distinction between the colored and white races, the ignorant, the atheist, the heathen, the intelligent and educated; that the sun shines on all races and countries alike; that the rain and the winds affect all regardless of religious or political classifications; and that Cosmic Consciousness and Divine energy are available to rich and poor, black and white, the ignorant and the educated; then we understand what is meant by justice and mercy in the universal sense.

Of course, we can deceive ourselves. We can think of countries where some foods do not grow, and picture God as showing partiality; but common sense will tell us that it is only our viewpoint that makes it appear so. Things may upset man's ways of living and yet be good from the Cosmic and universal point of view even if they are not from our narrow personal point of view.

Not until we can put ourselves into harmony with the universe and with the Cosmic sufficiently to believe at all times that everything that occurs is for the good of all, and not until we can convince ourselves that only by living in harmony with this universal goodness can we find the goodness that is meant for us, will we be free from emotional errors and from that state called inharmony.

Through the lessons and monographs you have had during these past few years you should have developed a gradual feeling of harmony. Members in the lower Degrees have reported from time to time that they have gradually found commonplace things no longer interesting. Many who have been a part of AMORC for a year or two have found better friends, better books, better ways of spending hours because idleness or waste of time has become unattractive. Others have become interested in music, the fine arts, or have found happiness in the countryside and nature. These changes come about gradually—not overnight. Such changes continue inside your body and in your mind, and not in your outer self.

As the years pass, however, the changes become less noticeable because they become more and more refined. Have you ever seen a diamond cutter and polisher at work? When he first takes hold of the rough dirty-looking piece of rock and begins to chisel away parts of it, each moment of his work manifests a big improvement in the appearance of the thing he is producing. Finally he reaches a stage in his work where he has a beautiful sparkling piece of crystal in his hand. Then as he begins to cut it, the changes are not so apparent even though harder work and more hours are



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spent in making the improvement. The long tedious process of putting the final polish on each of the facets takes time and labor, and it is only when we look closely with an experienced eye that we can see what has been done in the final stages. It is the same in our own lives. The changes made during the first two or three years are definite, and very evident. The secondary set of changes and modifications are not so apparent; and the final refinements and ultimate improvements are so delicate and of such a refined nature that we hardly know the change is taking place until something causes us to analyze and examine closely.

You have been with the organization long enough to have made many changes; yet, I dare say that most of you would have to analyze carefully to discover even a fraction of the changes that have taken place. Inwardly the harmony and attunement you have been creating with the Cosmic is having its effects upon your physical, mental, spiritual, and psychic existence. Your health is sure to be improved, but more than this, your happiness, your future grasp upon situations and conditions, your future interpretation and understanding of problems, your future mastership of your life, depend upon these changes that have been and are continuing to take place.

Again I urge you to continue with the water experiment, and retain in your mind the impressions that come as you concentrate upon the water. I still have some esoteric principles to talk to you about in connection with this Cosmic attunement.

May Peace Profound abide with each of you.

Faternally,

YOUR CLASS MASTER

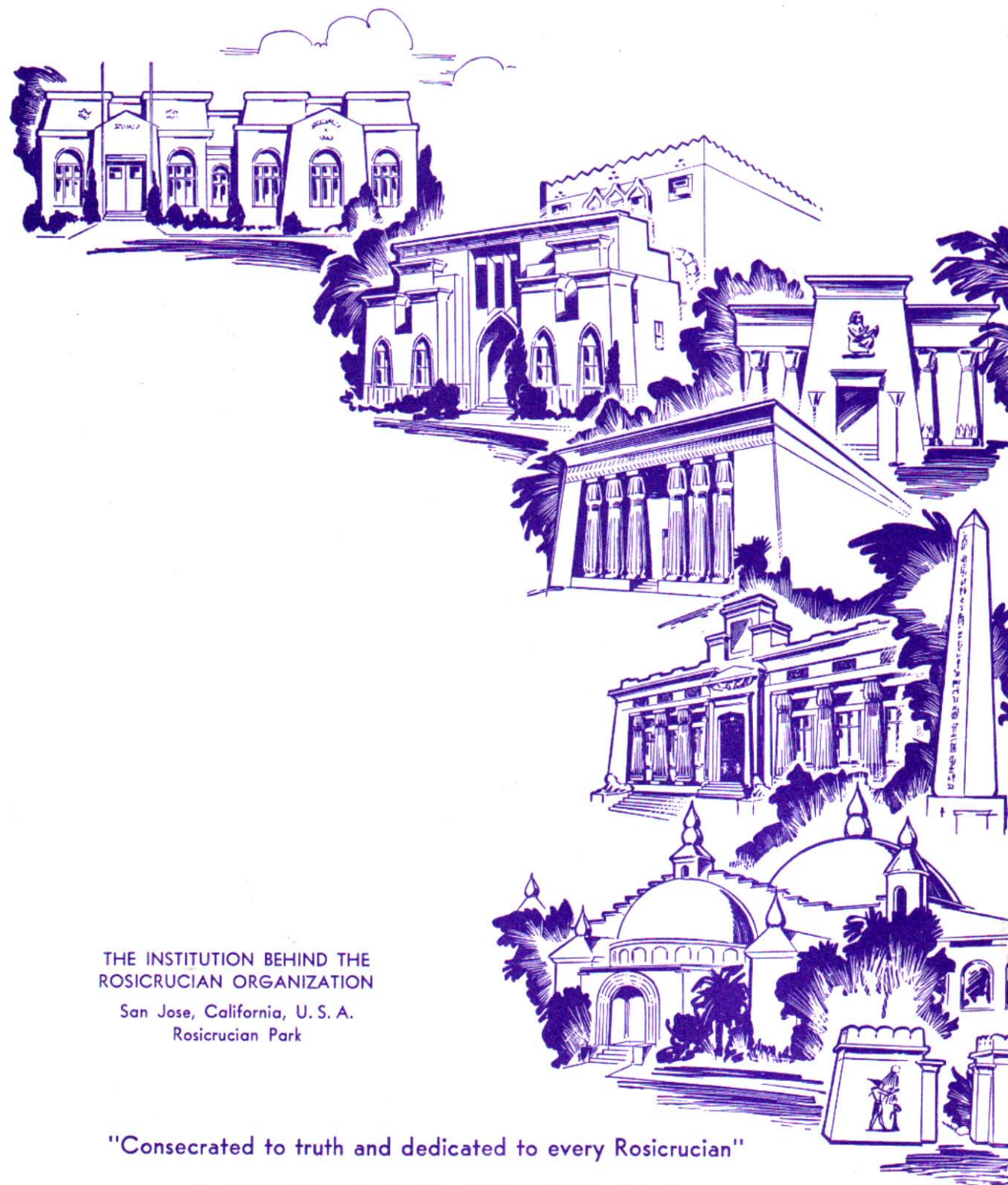


## Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ Since women live a more emotional life than men, they are subject to more emotional disturbances—primarily those due to personal jealousy and enmity; although the average man is affected by some deep-rooted enmity, it is usually toward a man, or group of men, representing some phase of worldly activity.
- ¶ Many forms of emotional disturbance are recognized by specialists, among them regret, resentment, and disappointment.
- ¶ A harmonious condition can be re-established within the body through Cosmic attunement and a proper understanding of life. The mystic's method is superior, but a perfect spiritual understanding of life through a religious approach may also be achieved. This method of emotional house cleaning must be distinguished from the religion that fosters destructive emotional attitudes.
- ¶ The studies of the past few years have brought about gradual changes within the body and mind. While less apparent after the initial stages, these changes are continuing to take place and future mastership of life is dependent upon them.



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